



University of Nevada, Reno

Summer 2019 Catalog



- *Join us at OLLI where learning never retires!*
- *From crochet to literature, from camping to kayaking, from events to tours — there's something for everyone*



OLLI Camping

Wednesday-Friday,
June 5-7 Off-site
See page 10 for details.

OLLI Picnic

Wednesday, June 12
Off-site
See page 10 for details.

Fall Enrollment Day

Thursday, Aug. 29 at
Moana
See page 11 for details.

Fall Orientation and OLLI Expo

Tuesday, Sept. 3 at Moana
See page 11 for details.

Visit olli.unr.edu for more information.

The University of Nevada, Reno is an Equal Opportunity/Affirmative Action, ADA institution. A portion of membership fees may be used to pay hosting expenses. Produced by Extended Studies Marketing Department, 05/19.

The views expressed by OLLI instructors are their own and do not necessarily reflect the views of the Osher Lifelong Learning Institute, The Bernard Osher Foundation or the University of Nevada, Reno.

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Welcome

Welcome to summer 2019 at OLLI. Summer is the time to relax, rejuvenate and enjoy the beautiful, warm Reno weather. OLLI at the University of Nevada, Reno is proud to offer a wide array of programs and activities designed for adults 50 and older who are interested in expanding their horizons, exploring new ideas (or new hiking trails!) or learning just for the sheer joy of it. Classes this summer will take place in our building on Moana Lane, as well as at many off-site locations for outdoor activities and tours. See the map on the inside back cover and specific course descriptions for location information.

About OLLI

OLLI at the University of Nevada, Reno is one of 123 Osher Lifelong Learning Institutes established since 2001 at colleges and universities throughout the country. Over the last few years, we are proud to have become one of the largest and most successful OLLIs in the nation. We are a volunteer-run organization dedicated to providing stimulating experiences, special events and recreational activities designed to enrich the intellectual, social and cultural lives of all of our members. We hope you will take advantage of as many of our summer offerings as possible. Most are entirely free for members!

Volunteers are the Heart and Soul of OLLI

OLLI is primarily a volunteer organization, and we hope all OLLI members will find ways to contribute to the considerable effort it takes to offer more than 1,000 class sessions, events, tours and activities each year. Whether or not you are already an OLLI volunteer, please plan to come to our Fall Volunteer Expo at 11 a.m. Tuesday, Sept. 3 in the Moana Building. OLLI Advisory Council members, committee chairs and Interest Group leaders will be there to help you discover more ways to contribute to OLLI's success — and to keep our membership fees so incredibly low.

Volunteer opportunities are available in such widely diverse areas as curriculum development, membership, greeters, communications and public relations, fundraising, long-range planning and evaluation, database development, tours, events and hospitality, as well as editing and proofreading. If you are unable to attend the Expo but wish to volunteer, please contact any OLLI Advisory Council member or committee chair listed in the following section, or email our Volunteer Coordinator Pat LeVezeu at volunteers@ollireno.org. You also are welcome to stop by the Moana office for more information.

OLLI Communication

- Class changes and cancellations are posted weekly on the OLLI website at olli.unr.edu.
- OLLI's digital newsletter, *OLLI Weekly*, is sent to all members every Friday. If you are not receiving the newsletter, please call or email the OLLI office.
- You may call the OLLI Office at (775) 784-8053 (and press 2) to hear any important alerts, changes or cancellations for the current week.

Contact Information

OLLI Office: Moana Building, 604 W. Moana Lane, Reno, NV 89509

Office Contacts: Kendell Crosier or Kari Gannon

Phone: (775) 784-8053

Email: olli@unr.edu | **Web:** olli.unr.edu

Questions? The OLLI office is open from 9 a.m.-4 p.m. Monday through Friday.

Important Information

OLLI Membership Privileges

OLLI members are encouraged to attend as many activities, events and classes as they would like and can fit into their schedules. Members are welcome to bring a guest to one class session each semester. Special events and tours are limited to members only — no guests — unless otherwise specified in this catalog. Both members and guests who attend any off-premises activity, such as a hike, must complete a liability waiver form before participating.

OLLI's membership year runs from Sept. 1, in the Fall Semester of each academic year, through the end of the Summer Semester the following Aug. 31. To sign up for membership, or to renew your current membership, please visit olli.unr.edu or come to the Moana office. The fee is the same whenever you join. There is no proration for late membership. If you join in the summer, you still will have access to more than 100 sessions and activities. Scholarships are available for those who wish to apply. Please come to the Moana office to complete a scholarship application in person.

Don't forget to check your OLLI Weekly email every Friday for information on class changes and special events!

OLLI Code of Conduct

Participants in OLLI are subject to the *Student Code of Conduct, Section II: Student Conduct Regulations & Policies, Part A*, established by the University of Nevada, Reno (www.unr.edu/student-conduct/policies/student-code-of-conduct) and to the *Sexual Harassment Policy* established by the Nevada Board of Regents (www.unr.edu/eotix/sexual-harassment-policy).

The *Student Code of Conduct* and *Sexual Harassment Policies* apply to all OLLI members and are designed to promote and protect a learning environment that encourages reasoned discourse, intellectual honesty, openness to constructive change and respect for the rights of all individuals.

- Please remember to turn off all cell phones and other electronic devices or set them to vibrate mode while you are in class.
- We encourage OLLI members to socialize, but please be quiet during class and in the halls when classes are in session.
- All OLLI classes, whether indoor or outdoor, are smoke-free environments. Food is allowed only at the back tables of the main classroom at the Moana building. Closed beverage containers are permitted in all classrooms except when using computers. Members are expected to clean up after themselves and leave the table areas as clean as possible because they are used for instruction as well.
- Firearms are prohibited at the University of Nevada, Reno. This applies to all OLLI classes, events and activities.



How to Use this Catalog

Classes, events and tours are described under their respective categories as listed in the Table of Contents. Within each content category, events usually are listed chronologically by starting date. The At-a-Glance section of this catalog lists short titles for each of the semester's individual sessions in chronological order and gives the location, time and catalog page number where the full class description can be found.

Programs marked *PRQ* in the At-a-Glance require pre-registration to attend, so be sure to go to the appropriate catalog page and follow the pre-registration instructions specific to any such class or activity you would like to attend.

How to Pre-Register When Required

For a class or event that requires pre-registration, please read the complete pre-registration instructions under the specific program description. In consideration of other members who want the class, please pre-register only for those classes you feel sure you will attend.

Fees

- Except where additional fees are noted in course descriptions (for some special events and tours), all other classes in this catalog are included in your \$55 OLLI annual membership fee (Sept. 1, 2018–Aug. 31, 2019) and require no additional payment.
- Please note: If an additional fee is required for a class or a special event (as explained in its catalog description), we can accept credit cards and checks payable to the Board of Regents by the deadline listed.
- Books and supplies are not included in membership fees or scholarships. You may purchase these things as you choose, or in many cases, borrow them from the OLLI Library or one of the Washoe County libraries.



Arts, Culture and Entertainment

Crocheting Fun!

Presenter: Karen Hanks, OLLI member

If you have always wanted to learn to crochet, this is the class for you! Bring a G or 7 size crochet hook and some yarn and learn from your fellow OLLI members. Seasoned crochet artists can bring their projects to work on for inspiration and kudos! We will provide information on stitches, patterns and hooks, as well as beginning projects and web resources.

MOANA: Wednesdays, June 5; July 3; Aug. 7; Sept. 4 | 10-11:30 a.m.

Paper Crafting Tools and Techniques: An Introduction

Presenter: Judy Delany, OLLI member

Discover paper crafting through demonstrations using embossing powder, rubber stamps, heat tools, paper punches, layering with foam pads, blind embossing with the Evolution machine, lining envelopes with fine papers, and watercolor drip techniques and stencils.

MOANA: Wednesday, June 12 | 2-3:30 p.m.

Movies Worth Watching

Presenters: Larry Coffman, M.A., LaMerne Kozlowski, Warren Ronsheimer, Jerry Barlow, Robin Holabird, OLLI members

Our resident OLLI movie buffs will select movies that are significant for their cultural, social or historical perspectives and will screen them for us with informative introductions. Following each screening, participants are invited to join in their critical analysis of the film and the topic. A list of movie titles and dates will be available on the carousel by the library shelves at the Moana Building before the end of the Spring Semester. The list also will be handed out at the first class meeting and published in the *OLLI Weekly*.

MOANA: Fridays, June 14-Aug. 23 | 1-4 p.m.

(See At-a-Glance for specific dates.)

Please try to arrive before the start of each class you attend — late arrivals can be disruptive.

Ukrainian Egg Painting

Presenter: Natalie Sera, artist

This class is an introduction to the ancient Ukrainian art of Pysanky, which originally was part of a pagan rite of spring, but later was adapted to the Christian Easter celebration. Modern designs are called Batik Eggs. Learn how to divide the eggs, draw designs, wax them, choose colors, wax the colors progressively and then melt off the wax to reveal completed eggs. Also, learn techniques to branch out beyond traditional Ukrainian design to make exquisite eggs that are works of art.

- **PRE-REGISTRATION AND ADVANCE PAYMENT REQUIRED:** Please email Natalie Sera at natsera307@gmail.com with “Egg Class” in the subject line of your email. Ukrainian Egg Painting is limited to eight OLLI members. The cost is \$15 paid to the instructor for supplies.

MOANA: Mondays, June 17, 24; July 1 | 1-4 p.m.

Artown 2019

Presenter: Oliver X, marketing director, Artown

Every July, Reno is Artown. The annual month-long celebration of art and culture features more than 500 events, including live music, dance, theater, visual arts, multi-cultural events, films and tours. Local talent will be showcased, along with nationally and internationally known artists and performers. Join us for a sneak preview of Artown’s 23rd year.

MOANA: Monday, June 17 | 2-3:30 p.m.



Photo courtesy of the RSVCA

Summer Thursdays at the Opera — Great Stories, Great Voices, Great Music

Presenter: Lynne E. Gray, Ph.D., past chair, OLLI Advisory Council

Ever wonder why so many people love opera? Partly it's the music, partly it's the stories, partly it's the incredible spectacle of the costumes and sets, but mostly it's the thrilling emotional power of the human voice. Now you can see the very best opera on earth — right here in Reno — without spending a fortune, or even getting dressed up! New York's Metropolitan Opera broadcasts live performances to our local movie theaters every month. In this class, you will get a detailed introduction to opera — its history, music, stories, composers and stars. You will hear many of the world's most moving voices and learn more about this amazing art form. Then you will be able to go to your local movie theater in the fall on opera Saturdays or Wednesdays with all the background you need to understand what's happening and to experience the thrill of opera up close and personal, and always with English supertitles.

MOANA: Thursdays, July 11, 18, 25; Aug. 1 | 1-3 p.m.

Little Orchestra, Big History: Exploring the Chamber Orchestra

Presenter: Thom Mayes, executive director, Reno Chamber Orchestra

Join Reno Chamber Orchestra's new executive director, Thom Mayes, for an informative look at chamber orchestras and chamber music. Learn more about the special features of our city's "intimate orchestra," as well as its annual Nevada Chamber Music Festival. The discussion will include features of our chamber orchestra, the history of its leadership and the process now underway to select only the third music director in the orchestra's 45-year history.

MOANA: Thursday, Aug. 22 | 2-3:30 p.m.

Computers and Technology

Open Computer Lab — Personalized Tech Assistance

Facilitators: Ena Schlossmacher and Karen Hanks, OLLI members

Do you have questions or need help using your computer, tablet, laptop or smartphone? Do you have a question about Microsoft Windows, Mac OS, email, attachments or social media? Feel free to bring your own device or use one of the OLLI desktop computers. You do not need to pre-register. This is a drop-in service provided by our big-hearted and knowledgeable OLLI members.

MOANA: Wednesdays, June 5; July 3; Aug. 7 | noon-1:30 p.m.

Events

OLLI Good Time Camping — Eighth Annual

Facilitator: Ramon Seelbach, OLLI member

Exciting changes are in store for our eighth year of OLLI camping! Three days and two nights of fun! But not to worry, we are bringing back all our favorite activities from years past such as a potluck, campfire singalong and hiking. Alice Baldrice will speak on prehistory and history of Washoe Valley. Ed Oakes will talk about the geology of Washoe Valley. Mountain Man Larry Walker will demonstrate how mountain men camp without modern conveniences. Dutch oven cooking will be demonstrated on the camping potluck day. In addition to the singalong, we will be entertained by the OLLI ukulele group. The OLLI bicycle group also will join us this year. Optional kayaking and camping will happen Friday afternoon at Washoe Lake State Park. The Davis Creek Campground is about 20 miles south of Reno. Early arrival or late departure could cost OLLI additional days' charge, so please plan to arrive and depart on time, and to leave the campground clean. Bring a log or two for the campfire!

- **PRE-REGISTRATION REQUIRED:** Pre-registration is required for overnight campers (day use is free) and begins on May 20. The fee is \$25 per site. You may bring your check to the OLLI office (payable to Board of Regents) or call OLLI during business hours and use a credit card.

OFF-PREMISES: Noon Wednesday to Noon Friday, June 5-7

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Summer Picnic

Facilitator: Ann Peterson, OLLI events chair

Join your OLLI friends for our annual potluck picnic in the Peavine Pavilion at Rancho San Rafael Regional Park. We will provide the pulled-pork sandwiches. Please bring a dish to share and a non-alcoholic beverage for yourself. Bring cards, board games or a kickball to play after we eat. Watch for further information sent in the *OLLI Weekly* and posted on the OLLI website. This event is limited to 150 members. Members only.

- **PRE-REGISTRATION REQUIRED:** Between Monday, May 27-June 7, send an email to ollirenoprereg@gmail.com. Please put "Summer Picnic" on the subject line of your email. In the body of the email please include your name, your phone number, the name of any one other OLLI member accompanying you, and what dish you are planning to bring to share. If you prefer to call, dial (775) 241-8474 (include area code) and leave a message with the information above.

OFF-PREMISES: Wednesday, June 12 | 11:30 a.m.-2:30 p.m.

In-Person Enrollment Day — Fall 2019

Facilitator: Phyllis Clark, OLLI membership chair

Attention returning OLLI members and prospective new members! This is your opportunity to renew your membership in person for the 2019-2020 academic year. Enrollment will be first come, first served, but there will be plenty of volunteers available to enroll you in person and to accept your annual dues of \$55, or to assist you in enrolling online. Payment may be made by credit card or check made payable to Board of Regents.

MOANA: Thursday, Aug. 29 | 9:30 a.m.-2 p.m.

Orientation for New and Prospective Members

Facilitator: Phyllis Clark, OLLI membership chair

Whether you are a new OLLI member, a prospective member or even a current member who would like to learn more about OLLI, please join us for this informative session on all things OLLI. Hear about our programs and procedures, as well as how to use the Fall Catalog and find all the amazing activities, classes and events that OLLI is offering this semester. While you're here you will be able to join OLLI for 2019-20, or renew your membership (\$55 per person for the academic year Sept. 1, 2019 through Aug. 31, 2020) and learn more about OLLI's many Interest Groups and volunteer opportunities.

MOANA: Tuesday, Sept. 3 | 10-11 a.m.

Volunteer, Interest Groups and Tours Expo

Facilitators: Pat LeVezu, volunteer coordinator; Lynne Gray, past chair, OLLI Advisory Council; committee chairs; and Interest Group and Tours coordinators

OLLI is primarily a volunteer organization. In order to keep our membership fees as low as possible, we are always in need of new helping hands. Please come and learn more about OLLI's Advisory Council, our many working committees and the wide variety of volunteer opportunities that OLLI offers. At this Expo event, you also will find out about this semester's tours, be able to talk with representatives from many of our ongoing Interest Groups and learn more about OLLI programs that continue from semester to semester.

MOANA: Tuesday, Sept. 3 | 11 a.m.-12:30 p.m.

Don't be late! August or September is the time to renew your OLLI membership for 2019-2020!

Tours

How to Pre-Register for Tours

PRE-REGISTRATION IS REQUIRED FOR ALL TOURS — FREE AND PAID. YOU MUST BE A CURRENT OLLI MEMBER AT TIME OF PRE-REGISTRATION.

TOUR PRE-REGISTER OPTIONS (must be within the published pre-registration time frame listed for the tour):

1. Send an email to ollirenoprereg@gmail.com (preferred method), OR
2. Call (775) 241-8474 (include area code)

When you email or call, please provide:

1. Name of the specific tour in the subject line if emailing
2. Date and/or time you prefer (if there is a choice)
3. Your name and the name of one additional OLLI member who will join you (optional)
4. Your phone number

What happens next?

1. The Tours Committee receives the pre-registration messages and verifies membership.
2. If there are more names on the pre-registration list than slots on the tour, the Tours Committee will hold a random drawing on the day after pre-registration closes to determine the list of accepted attendees.
3. A member of the Tours Committee will notify you as soon as possible if you are on the tour list or the wait list for any particular tour.
4. Meeting place, travel directions, time and the deadline for signing the liability waiver will be sent to you, as well as payment instructions for paid tours.

VERY IMPORTANT: You will not be considered for a tour if you email or call outside of the designated pre-registration time frame (either before it or after it). You will not be considered for a tour if you are not a current OLLI member.

OLLI needs you — Please contact Pat LeVezu at volunteers@ollireno.org if you are able to volunteer.

Paid Tours

Paid Tour: Lattin Farms and Frey Ranch Estate Distillery, Fallon

Facilitator: JoEllen Keil, OLLI member

Enjoy a tour of the Lattin Farms and Frey Ranch Estate Distillery near Fallon, including a catered lunch at Lattin Farms. The Lattin family has been farming the Lahontan Valley for five generations. From their certified organic farm, they bring local produce to many Northern Nevada locations through farmers' markets, a produce stand and the Great Basin Basket Community Supported Agriculture. After lunch, we will tour and taste products from the Frey Ranch Estate Distillery and Churchill Vineyards. The ranch is historic, with roots dating back to 1918. The Lattins plant, grow and harvest a variety of crops, including corn, wheat and barley for distilling, malting and bottling gin, vodka and bourbon, as well as European vinifera grapes for the production of their premium wines.

- **PRE-REGISTRATION AND ADVANCE PAYMENT REQUIRED:** On July 30-31, send an email to ollirenoprereg@gmail.com. Please put "Lattin Farm" in the subject line of your email. See complete pre-registration instructions at the beginning of the Tours section. Cost of the tour is \$45 per person, which includes bus transportation from OLLI Moana, lunch and tour. Tour is limited to 32 OLLI members.

OFF-PREMISES: Tuesday, Aug. 27 | 9 a.m.-4 p.m.

Free Tours

Free Tour: Cruisin' the Amazon (Warehouse, that is)

Facilitator: Clare Steppat, OLLI member

Join us as we float through this gigantic consumer river. What secrets will be revealed? We will be guided through the building to witness the magic that happens after you click "buy" on Amazon.com. You will see first-hand how your order is processed, packed and shipped from the Reno Fulfillment Center. Many questions will be answered as we "cruise the Amazon."

- **PRE-REGISTRATION REQUIRED:** On June 3-4, send an email to ollirenoprereg@gmail.com. Please put "Amazon" in the subject line of your email. Please indicate if you are interested in Tuesday afternoon, Thursday morning or either tour. See complete pre-registration instructions at the beginning of the Tours section. Each tour is limited to 45 OLLI members.

OFF-PREMISES: Tuesday, June 18 | 1-3 p.m. OR

Thursday, June 20 | 10 a.m.–noon

Free Tour: Galena Creek Visitor Center and Bird Talk

Facilitator: Connie Douglas, OLLI member

Come up to the coolness of the pine forest and learn what the Galena Creek Recreation Area has to offer at this visitor center just a few miles up the Mount Rose Highway. In addition to seeing the exhibits about the area's flora, fauna, hiking and other recreation, we will be treated to a talk about local birds by Alan Gubanich, regular Audubon speaker and retired University of Nevada, Reno biology professor. Gubanich will illustrate his talk with the collection of taxidermied birds that is housed at the visitor center and furnished by the Lahontan Audubon Society.

- **PRE-REGISTRATION REQUIRED:** On June 10-11, send an email to ollirenoprereg@gmail.com. Please put "Galena Creek" in the subject line of your email. See complete pre-registration instructions at the beginning of the Tours section. Tour is limited to 30 OLLI members.

OFF-PREMISES: Tuesday, June 25 | 10-11:30 a.m.

Free Tour: Chalk Bluff Water Treatment Plant — From the Truckee River to Your Tap

Facilitator: Rita Malkin, OLLI member

Tour the Chalk Bluff Water Treatment Plant and learn all about water quality and what it takes to get fresh water to your tap. Truckee Meadows Water Authority experts will discuss how the upstream resources are managed and the procedures your water goes through before reaching your tap. Because there are some uneven surfaces and stairs, wear your walking shoes and be prepared to stand for long periods of time.

- **PRE-REGISTRATION REQUIRED:** On June 25-26, send an email to ollirenoprereg@gmail.com. Please put "Chalk Bluff" in the subject line of your email. See complete pre-registration instructions at the beginning of the Tours section. Tour is limited to 25 OLLI members.

OFF-PREMISES: Wednesday, July 10 | 10 a.m.-noon

Thank an OLLI volunteer for their service whenever you have the opportunity!

Free Tour: Kimmie Candy Factory

Facilitator: Marilyn Marshman, OLLI member

Kimmie Candies are not only made in America; they're made in Reno! Owner Joe Dutra has operated this delicious enterprise here since relocating in 2005. Recently, the factory has moved to a bigger and better plant with a retail shop and a wide variety of samples. See how Sunbursts, ChocoRocks, ChocoAlmonds and many other specialties are made here and sold around the world. There will be plenty of sweet treats!

- **PRE-REGISTRATION REQUIRED:** On July 17-18, send an email to ollirenoprereg@gmail.com. Please put "Kimmie Candy" in the subject line of your email. Please indicate if you are interested in the morning, afternoon, or either tour. See complete pre-registration instructions at the beginning of the Tours section. Each tour is limited to 25 OLLI members.

OFF-PREMISES: Thursday, Aug. 1 | 10-11 a.m. OR noon-1 p.m.

Free Tour: Let's Get (Virtually) Real!

Facilitator: Clare Steppat, OLLI member

Are you interested in virtual reality? Join us for a hands-on tour of the UNR@ Reality lab. Michelle Rebaleati, multimedia production specialist, will help us bridge the gap between the virtual and real world with the most immersive VR experience available today. Don the VR headset and experience first-hand realities from the top of a mountain to outer space, or wherever your mind can take you. This tour is ADA accessible for canes, walkers and wheelchairs. See the software at <https://guides.library.unr.edu/reality/software>.

- **PRE-REGISTRATION REQUIRED:** On July 25-26, send an email to ollirenoprereg@gmail.com. Please put "Virtual Reality" in the subject line of your email. Please indicate if you are interested in Friday afternoon, Thursday morning or either tour. See complete pre-registration instructions at the beginning of the Tours section. Each tour is limited to 20 OLLI members.

OFF-PREMISES: Friday, Aug. 2 | 1-3 p.m. OR
Thursday, Aug. 8 | 10 a.m.-noon

Have an idea for an OLLI tour or for a new class? Let us know! Email suggestions to curric@ollireno.org.

Free Tour: Sensory Garden Summer Tour

Presenter: Lindsey Panton, Ph.D., program director, Keep Truckee Meadows Beautiful

The Sensory Garden in Idlewild Park, is an urban sanctuary with areas dedicated to each of the five senses: sight, sound, smell, touch and taste. Our tour will include information on plants that appeal to each sense and plants that attract pollinators, including the butterflies that populate the garden. Come and experience this local hidden treasure in all its mid-summer glory.

■ **PRE-REGISTRATION REQUIRED:** Between July 22-Aug. 5, send an email to Eileen at eeniebee@charter.net with “Sensory Garden” in the subject line.

OFF-PREMISES: Wednesday, Aug. 7 | 10-11:30 a.m.

Government, Economics and Business

Patents and Trademarks: What They Are; How to Find Them; How to Get One

Presenter: Tara Radniecki, engineering librarian and Makerspace director, DeLaMare Science and Engineering Library, University of Nevada, Reno

Learn what intellectual property is and how to protect it. Find out how to search existing intellectual property in a variety of resources, how to apply for a patent or trademark via the United States Patent and Trademark Office and where to find additional trusted resources. While this class will focus primarily on patents and trademarks, copyright will be briefly addressed to provide context when discussing intellectual property choices. Please note, the instructor is not a lawyer and cannot give legal advice.

MOANA: Thursday, June 20 | 10-11:30 a.m.

Putting Economics to Use — Conversations About Good Policy

Facilitators: Jon Garman, M.S., president, GrayEagle Technologies and Lynne E. Gray, Ph.D., past chair, OLLI Advisory Council

Here’s a chance to do something more than sit and listen to us talk about economics. Get involved in discussing national, state and local policies that can improve lives. We will begin each discussion with a 15-20 minute introduction to the topic and then see where the ideas take us. We plan to begin with inequality and then let the group choose the last two topics. Join us for a lively afternoon of debate!

MOANA: Mondays, July 15, 22, 29 | 1-2:30 p.m.

Health and Wellness

Hospice Care — End of Life Wishes

Presenter: Johanna Koch, M.D.

Although end-of-life care may be difficult to discuss, it is best for family members to share their wishes long before it becomes a concern. This can reduce stress significantly when the time for hospice is needed. By having these discussions in advance, patients are not forced into uncomfortable situations. Instead, patients can make an educated decision that includes the advice and input of family members and loved ones.

MOANA: Thursday, June 13 | noon-1:30 p.m.

Reflexology: An Introduction

Presenter: Stephanie Tsanas, certified reflexologist

Reflexology is a science based on the principle that reflexes in the hands and feet correspond to all the glands, organs and parts of the body. Learn its history, benefits, reflexes for different ailments, the zones of the feet and some basic self-reflexology.

MOANA: Thursday, June 13 | 2-4 p.m.

Easy Walking Trails in Reno-Sparks

Presenters: Warren Ronsheimer and Floyd Whiting, OLLI members

Are you interested in seeing some of the Reno-Sparks region on foot? Learn where many interesting walking trails are located. Whether your interest is in enjoying rolling hills such as Huffaker Hill, attractive walks along the Truckee River or appreciating regional parks such as Bartley Ranch, there are walking trails that meet nearly every interest and ability level. This talk will describe some of the best trails in our area.

MOANA: Friday, June 14 | 10-11:30 a.m.



Retired Living

Presenters: Brett Junell and Annette Junell, certified senior housing specialists

Session one (June 18): Living to 100 — Living to be 80, 90 or even 100 and beyond is a new reality for which few have planned. Find out what every person older than 55 should know about living to be 100.

Session two (July 16): Rightsizing and Simplifying — The thought of moving out of a home you have lived in for decades often is overwhelming. Fear and anxiety about the rightsizing process cause people to stay in a place or in a situation that no longer serves their needs. Learn how others have overcome their fears and made the decision to rightsize while independent and active.

Session three (Aug. 20): Communicating with Adult Children — Are you prepared for the next evolution in your relationship with your adult children and family? Relationships evolve and change just like people, but navigating those changes isn't always easy. Complex family dynamics, blended families and changing social norms impact both the choices we make and how we communicate them. Learn more about the conversations you should be having with adult children and other family members as you age.

MOANA: Tuesdays, June 18; July 16; Aug. 20 | 10-11:30 a.m.

10 Warning Signs of Alzheimer's

Presenter: Denise Hund, LSW, family care associate, Alzheimer's Association
Alzheimer's and other dementias cause changes in memory, thinking and behavior that interfere with daily life. Learn about 10 common warning signs and what to watch for in yourself and others. The program covers typical age-related changes, common warning signs of Alzheimer's, how to approach someone about memory concerns, early detection, the benefits of diagnosis, the diagnostic process and Alzheimer's Association resources. A half-hour will be dedicated to questions.

MOANA: Thursday, June 20 | noon-1:30 p.m.

Emotional Support for Families and Friends of Mentally Ill

Presenter: Stephen Jacobs, author

Mental illness can be overwhelming, not only for the person suffering from the condition but also for family, friends and caregivers. When a mental illness occurs in a family, as it did for Stephen Jacobs in 2005, it can be devastating. Some of the questions he had to answer were how to support his ill spouse, how to cope with feeling overwhelmed, how to make difficult decisions and how to begin building a life again. From precisely that place of overwhelming confusion, his journey back to wholeness began. Stephen Jacobs wrote the book *Mental Illness: A Support Guide for Families and Friends* to support others with this difficult challenge.

MOANA: Thursday, June 27 | 2-3:30 p.m.

Understanding Alzheimer's and Dementia

Presenter: Denise Hund, LSW, family care associate, Alzheimer's Association

Alzheimer's is not normal aging. It's a disease of the brain that causes problems with memory, thinking and behavior. Learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, Alzheimer's disease stages and risk factors, current research and treatments available to address some symptoms, as well as resources available from the Alzheimer's Association.

MOANA: Thursday, July 18 | noon-1:30 p.m.

Planning Your Own Final Services

Presenter: Michael Fiscus, senior pre-need consultant, Neptune Society

Although we would rather not think about the end of our lives, it is essential that we make some decisions now while we are able to make choices. Learn about the advantages of setting up final services many years before death, the advantages and disadvantages of cremation versus traditional burial, plus the latest trends in funeral planning and the costs involved.

MOANA: Monday, Aug. 5 | 10-11:30 a.m.

When Do You Know You Need a Joint Replacement of the Shoulder or Knee: Is This Surgery for Me?

Presenter: Christopher Dolan, M.D.

As we age, joint deterioration is common in the upper and lower extremities. Joint pain, limitations in motion and weakness can decrease the quality of life and independence. This lecture will address the anatomy, physiology and common pathologies of shoulder and knee joint challenges in older individuals. Dolan will discuss the clinical indications for surgical interventions and joint replacements along with information on advances in surgical techniques, materials and technology.

MOANA: Tuesday, Aug. 6 | 11 a.m.-12:30 p.m.

Current Research Evidence Supporting Rehabilitation Post-Stroke

Presenter: Nancy Byl, PT, MPH, Ph.D., FAPTA, professor emerita of physical therapy, University of California, San Francisco and OLLI member

Learn about the latest research on strokes and how you can use this on a practical level to help stroke patients and their families.

MOANA: Thursday, Aug. 8 | 10-11:30 a.m.

Current Research Evidence for Habilitation for Patients with Parkinson's Disease

Presenter: Nancy Byl, PT, MPH, Ph.D., FAPTA, professor emerita of physical therapy, University of California San Francisco and OLLI member

Do you have Parkinson's disease or do you have a family member dealing with it? Find out the latest information on the disease and learn new strategies to help improve quality of life. Current research evidence will be integrated into practical implementation strategies for families and patients who are dealing with Parkinson's disease.

MOANA: Thursday, Aug. 22 | 10-11:30 a.m.

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Healthy Living for Your Brain and Body: Tips from the Latest Research

Presenter: Denise Hund, LSW, family care associate, Alzheimer's Association

For centuries, we've known that the health of the brain and the body are connected, but now science can provide insights into how to optimize our physical and cognitive health as we age. Learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and the use of hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

MOANA: Thursday, Aug. 22 | noon-1:30 p.m.

History

Life and Times at Harold's Club 1935-1970

Presenter: Neal Cobb, OLLI member

Neal Cobb recounts the history of Harold's Club in Reno from 1935-1970. Cobb grew up in Reno and was a dealer at Harold's Club in the 1960s. He not only saw the growth of Harold's Club but also the growth of gaming in Reno. Go back in time with his collection of historical photos.

MOANA: Monday, June 17 | 10-11:30 a.m.

ALSOS: The Hunt for Hitler's A-Bomb

Presenter: Jerry Wager, OLLI member

German physicists split the atom in 1938, and everyone knew German nuclear science was years ahead of that of other countries'. The Allies and the United States, in particular, knew the Nazis were attempting to build an atom bomb. If they succeeded, the outcome of World War II may have been different. Under the Manhattan Project, ALSOS, a joint civilian-military unit, was formed to determine the extent of Germany's nuclear research, locate their laboratories and capture German scientists.

MOANA: Tuesday, July 9 | 10-11:30 a.m.

Military Aerial Photo Reconnaissance

Presenter: Robert Chambers, OLLI member

The presentation will begin with the 39-minute video *Alone, Unarmed and Unafraid: Tales of Reconnaissance in Vietnam* by Taylor Eubank. This will be followed with a discussion of how pilots were trained to photograph the target, as well as the training of associated personnel to process the film, print the photo, interpret and report on the photo in order for commanders to make decisions for further actions.

MOANA: Friday, Aug. 2 | 10-11:30 a.m.

Humanities and Social Sciences

Tethered: Technology, Faith & the Illusion of Self-Sufficiency

Presenter: Clay Collins, teacher and author

People everywhere are starting to feel uneasy about technological change. Our lives are under constant surveillance, tech additions of all kinds are on the rise and our children are beginning to show the detrimental side effects of having been raised in front of screens. Meanwhile, our spirituality seems to be slowly slipping away. Why is this happening? Is there anything we can do about it? Clay Collins, the author of *Tethered: Technology, Faith and the Illusion of Self-Sufficiency*, will discuss ways in which the technological agenda is at odds with our spirituality, and will provide a theoretical framework for how to think about these issues.

MOANA: Thursday, June 13 | 10-11:30 a.m.

What's Your Thinking Style?

Presenter: Sarah T. Parks, OLLI member

Are you a right-brained thinker? Left-brain? Left and right? No clue? Join us for an overview of the Herrmann Brain Dominance Thinking System. This is not a social style. Your thinking style was set in your teens and early twenties. In session one, we will review the quadrants of the brain and learn how they are equally important. In sessions two and three, we will analyze and discuss how your everyday behavior gives you clues to your thinking styles.

MOANA: Fridays, July 12, 19, 26 | 10-11:30 a.m.

Literature and Language Arts

French Conversation

Presenter: Cora Robey, OLLI member

This class is for members who have some previous knowledge of French and would like to review and build on that knowledge. We will concentrate on such topics as ordering food; asking for information at airports and train stations; and communicating needs in hotels, shops and on the street. Become familiar with some of the popular destinations in France, such as the Loire Valley, the Champagne area and the Cote d'Azur. We will practice dialogues written to help travelers.

MOANA: Mondays, June 3-Aug. 26 | noon-1:30 p.m.

(See At-a-Glance for specific dates.)

Spanish Conversation

Presenter: Sandra Bailey, OLLI member

This class provides an enjoyable, relaxed and non-threatening environment for beginning and intermediate level students to review their previous knowledge of Spanish and build upon it. Emphasis will be on interactive practice and on-going review with equal emphasis on speaking, listening, reading and writing with limited translation. We also will practice grammar and vocabulary, focusing on topics such as travel, food, gardening and shopping, along with holidays such as Day of the Dead, Semana Santa and San Fermin. We will discuss well-known people such as Cervantes, Frida Kahlo and El Cid. You also will learn about folk art, including retablos, Guatemalan carpetas and albrijes, and points of interest in the Spanish-speaking world such as San Miguel de Allende and various regions of Spain.

MOANA: Tuesdays, June 4-July 30 | 10-11:30 a.m.

(See At-a-Glance for specific dates.)

Reading Great Literature — Interest Group

Facilitator: Susan Nielsen, OLLI member

Reading Great Literature is a shared-inquiry discussion group. We will read selections from *The Norton Anthology of World Literature*, Third Edition, Volumes A, B, C, and D, E, F, available in paperback in two distinct sets of three from Amazon or used booksellers. The group will select readings in advance for the summer session that will be posted at the first class. Our task is to raise questions that prompt us to give thoughtful consideration to the big ideas and issues in the readings. For more information, contact Susan Nielsen at (775) 881-8070 or susancosmicdance@gmail.com.

MOANA: Thursdays, June 6-Aug. 15 | 10-11:30 a.m.
(See At-a-Glance for specific dates.)

French Advanced

Presenter: Arlette Lessig, OLLI member

This class is for students who would like to build on and practice their knowledge of French in a conversational setting. We discuss topics of interest in French and learn new vocabulary in a relaxed setting.

MOANA: Fridays, June 7-Aug. 30 | noon-1:30 p.m.
(See At-a-Glance for specific dates)

Mystery Books — Interest Group

Facilitator: Kenn Rohrs, OLLI member

Join fellow mystery buffs to discuss mysteries of all types — from cozies to hard-boiled crime fiction. The facilitator provides brief biographical information about the authors and leads the discussion. See www.ollirenomysterybg.blogspot.com for a list of books and dates, or contact Kenn Rohrs at karohrs@charter.net or (775) 849-9530.

MOANA: Mondays, June 10; July 8; Aug. 12 | noon-1:30 p.m.

Writing Detective Fiction Set in Nevada

Presenter: Bernard Schopen, mystery writer

Using his new book, *The Dying Time*, and the rest of the Jack Ross series as examples, author Bernard Schopen will talk about the rewards and challenges of writing detective fiction set in Nevada.

MOANA: Monday, June 10 | 2-3:30 p.m.

Nevada Writers Hall of Fame Book Club

Presenter: Terri Farley, author

Are you curious about the wild horses roaming our hills? Do you love a good book? Join us for the inaugural meeting of the Nevada Writers Hall of Fame Book Club as Terri Farley talks about her book *Wild at Heart*. Inducted into the Nevada Writers Hall of Fame in 2017, Farley has loved horses since the age of 8 and is passionate and knowledgeable about these magnificent creatures. Join us to learn about and discuss the book with the author herself!

- **PRE-REGISTRATION REQUIRED:** By June 20, RSVP to Robin Monteith at robinmonteith@unr.edu or call (775) 682-5656. Number of attendees is not limited but organizers need number in order to provide sufficient amount of refreshments.

MOANA: Friday, June 21 | 6-7 p.m.

Espionage Books — Interest Group

Facilitator: Kenn Rohrs, OLLI member

Join other readers for a James Bond espionage summer. We are reading: for June 28, *Casino Royale* (1953) by Ian Fleming; and for July 26, *Forever and a Day: A James Bond Novel* (2018) by Anthony Horowitz. We will see a movie Aug. 23, *From Russia with Love* (1963), 116 minutes. For more information, contact Kenn Rohrs at karohrs@charter.net with “Espionage Book Group” in the subject line.

MOANA: Fridays, June 28; July 26 | 10-11:30 a.m. and
Friday, Aug. 23 | 10 a.m.-12:30 p.m.

Where Does Evil Come From? — A Nevada Author’s Perspective

Presenter: Roger Smith, mystery and fantasy author

Roger Smith will speak about his recent novel, *Echoes*, and the forthcoming sequel, *Rogues*, two mystery/fantasies that focus on the crimes of serial killers in Hawthorne and Reno. The novels include a being created by evil to destroy these killers. Smith will conduct a discursive talk, inviting questions and discussion on the *Echoes* series and the assumptions in the narrative about what constitutes evil. He will examine concepts of evil from Western culture and how his stories fit or don’t fit with these concepts.

MOANA: Monday, July 8 | 10-11:30 a.m.

Don’t forget to turn off your cell phone when you are at OLLI.

Mystery Book Group Movie: *Wind River* (2017)

Facilitator: Kenn Rohrs, OLLI member

A wildlife officer (Cory Lambert) finds the dead body of a local Native American girl on the cold Wyoming plains. With the help of an FBI officer (Jane Banner) and locals alike, he tries to uncover what seems to be a mysterious murder. Haunted by his past, Lambert spares no time or resource trying to solve this mystery in hopes of it resolving his internal struggle.

MOANA: Monday, July 8 | 2-4 p.m.

Local and Global Perspectives

Inside Vietnam

Presenter: Lawrie Kirkham, OLLI member

Vietnam is a nation reborn, and you are invited to discover the depth of its beauty while traversing the country from north to south. Travel from Hanoi to Ho Chi Minh City, stopping en route to cruise along Halong Bay, explore ancient Huế and witness the idyllic seaside retreat of Nha Trang, experience French-flavored Dalat and much more. From the bustling cities to the serene seaside to the lush highlands, join Lawrie Kirkham for a 90-minute video of his Vietnam adventure.

MOANA: Tuesday, June 4 | 2-3:30 p.m.

Cracker Barrel — Interest Group

Facilitators: LaMerne Kozlowski, Patrick Griffin and Fred Frampton, M.A., OLLI members

This is an ongoing group for discussion of current affairs of municipal, state, national and international interest. Cracker Barrel is modeled on the old-time, free-wheeling exchange of opinions in a small group by those who desire to be heard among their peers. Subjects will vary according to the interests of the participants. For more information, contact LaMerne Kozlowski at lamernekozlowski@att.net or (775) 358-1746.

MOANA: Tuesdays, June 4-Aug. 27 | 2-3:30 p.m. OR

Wednesdays, June 5-Aug. 28 | noon-1:30 p.m.

(See At-a-Glance for specific dates)

***Know any good speakers? Send us a contact
and we'll do the rest —
curric@ollireno.org.***

Nature of Fascism

Presenter: Leonard Weinberg, emeritus professor of political science, UNR

This two-part series presents an in-depth view of fascism from its early days to present times. The first talk on June 5 covers the development of fascism after World War I. Our speaker will discuss the 14 elements of fascism common to all fascist regimes. On June 12, we look at the fact that fascism didn't die with the end of World War II and learn about the rise of neo-fascism in nations around the world after World War II.

MOANA: Wednesdays, June 5, 12 | 10-11:30 a.m.

Big Questions — Interest Group

Facilitators: Lou Alanko and Larry Marshall, OLLI members

Big Questions is a challenging and engaging book discussion group for open-minded individuals seeking informed opinions and new insights into the big questions of our lives. Once or twice each semester, members recommend several books and then vote for one. The group reads and discusses the chosen book over the following two or three months. Past areas of inquiry have been science, religion, philosophy, history, politics and economics. The class is built on the respectful exchange of ideas and perspectives as we read and enjoy thoughtful discussions about the big questions. For more information, contact Lou Alanko at (775) 971-4710 or ilovetoread@sbcglobal.net.

MOANA: Thursdays, June 6-Aug. 15 | 2-3:30 p.m.
(See At-a-Glance for specific dates.)

In the Footsteps of Marco Polo

Presenter: Judi Whiting, OLLI member

The experiences of two young men attempting to follow Marco Polo's travel from Venice to China are recounted in this PBS Emmy-nominated documentary. Using Marco Polo's 13th-century book as a guide, the two adventurers travel 25,000 miles along the Silk Road without flying. They must secure visas, survive extreme temperatures and talk their way out of jams brought on by Tajik soldiers, bureaucrats, border guards and armed warriors.

MOANA: Wednesday, June 19 | 2-3:30 p.m.

Consider giving an OLLI membership as a gift to a friend or family member celebrating a special occasion.

Travelers — Interest Group

Facilitator: Judi Whiting, OLLI member

Whether you have travel adventures to share or enjoy hearing about other people's travels, this is the group for you. Members are invited to show pictures or tell their travel stories. We will draw from members' experiences and from invited travel professionals to answer your travel questions. If you have something to share with the group, please contact Judi or Floyd Whiting at fjwhiting@sbcglobal.net or (775) 826-2728 at least two days before the meeting.

MOANA: Wednesdays, July 3; Aug. 7 | 3-5 p.m.

Yucca Mountain: A History of Nuclear Waste Controversy in America

Presenter: Emily S. Dunster, library technician, Discovery Services, University of Nevada, Reno

In 1987, the Nuclear Waste Policy Act was amended, designating Yucca Mountain, about 100 miles outside of Las Vegas in southern Nevada, as the only site it would consider for a potential repository of America's high-level nuclear waste. In the years before and the decades since that 1987 decision, the Yucca Mountain Project has been fraught with controversy, and the site is arguably the most studied real estate on the planet. This talk will include a history of nuclear waste in America and the Yucca Mountain Project, along with a discussion of some of the reasons the Yucca Mountain Project remains such a controversial topic.

MOANA: Wednesday, Aug. 7 | 2-3:30 p.m.

Outdoor Activities

During OLLI's Summer Semester, there will be four hiking/walking groups, two cycling groups and a kayaking interest group. The intent is to allow all OLLI members to find a group that suits their interests and their current level of fitness. Please go to the OLLI Outdoor website at <https://ollireno.com/outdoor/> to familiarize yourself with the extensive information on each of our interest groups. All of the weekly activities will be posted there as well as notices of special outdoor activities under the events calendar tab. Detailed information for each group's weekly events is located under the tab for that activity.

In order to participate in any of the OLLI Reno outdoor activities, you must be a current OLLI member and have a signed Emergency Information and Liability Release Waiver Form on file in the OLLI office. The form covers the academic year (Sept. 1 through Aug. 31) and is available in the OLLI Moana office. The form, as well as others, also can be found under the Forms tab on the OLLI Outdoor

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website. All participants should fill out the Medical Information Form and carry it on their person when they are participating in any outdoor activity. The form will be used only in the event of an emergency and is not submitted to OLLI. For cycling groups, a helmet is mandatory. Make sure your bicycle has been serviced adequately, and your tires are properly inflated.

Walkers — Interest Group

Facilitators: Jim Bonar and Warren Ronsheimer, OLLI members

Walkers will traverse paved paths and groomed natural surface trails in Reno, Sparks and surrounding areas. Walks usually are easy, 2-3 miles in total length and may have some elevation change. Walks will take less than 2 hours, and the pace will accommodate slower walkers. Meeting times and places vary.

OFF-PREMISES: Wednesdays, June 5-Aug. 28 | TBA a.m.

(See <https://ollireno.com/outdoors> for specific dates, times and location.)

Light Hikers — Interest Group

Facilitators: Toni Chaucer, Debbie Lambeth, Floyd Whiting and Warren Ronsheimer, OLLI members

Light hikers will explore trails and paths in the Truckee Meadows and surrounding areas. Light hikes are usually 3-5 miles in total length with some elevation change. Hikes will take from 2-3 hours to complete at a moderate pace.

OFF-PREMISES: Mondays, June 3-Aug. 26 | TBA a.m.

(See <https://ollireno.com/outdoors> for specific dates, times and locations.)

Hikers — Interest Group

Facilitators: Gary Souza, John Thomsen and Mary Walkiewicz, OLLI members

Hikers explore the Reno, Sparks, Lake Tahoe and Sierra area by trails, paths and roads. Meeting times and places will vary. Most hikes are 4-12 miles in total length and moderately difficult with elevation changes. Hikes will take 2-5 hours, depending on distance and difficulty. Summer hikes may require driving a longer distance to allow members to enjoy our local mountains and the pace may quicken because of the longer distances both driving and on the trail.

OFF-PREMISES: Thursdays, June 6-Aug. 29 | TBA a.m.

(See <https://ollireno.com/outdoors> for specific dates, times and locations.)

Long Distance Hikers — Interest Group

Facilitators: Naomi Silvergleid and Harry Barnett, OLLI members

Long distance hikers explore our local mountains. Please visit our website at <http://xtrmhk.blogspot.com/> to find a list of all hikes with a description of each, suggested equipment and hike sign-up pages. Meeting times and places will vary. The number of hikers may be limited, especially for hikes that require a permit. If there is a limit, it will be noted in the hike description. Hikes typically will be 8-16 miles in length and the altitude gain between 1,500-3,500 feet. Some hikes will have difficult and strenuous sections with significant elevation changes. Occasional scrambling may be required. The pace will be consistent but not punishing. Organized breaks typically will be limited to a lunch break and two short snack breaks. Most hikes will take from 5-8 hours.

■ **PRE-REGISTRATION REQUIRED:** Please visit <http://xtrmhk.blogspot.com> and follow the instructions for signing up.

OFF-PREMISES: Mondays, June 3-Aug. 26 | TBA a.m. (See <http://xtrmhk.blogspot.com> for specific dates, times and locations.)

Bike Riders, Easy Going — Interest Group

Facilitator: Toni Chaucer, OLLI member

Enjoy riding along established bike paths in the early morning hours when the temperature in Reno is still cool. Rides may be in Reno, Sparks, Washoe Valley or the Lake Tahoe Basin. Minimal street riding. Rides are usually 10-18 miles in length and typically take 2-3 hours. For equipment and preparation necessary to participate, please visit the cycling portion of our website at <https://ollireno.com/outdoors>. At a minimum, you are required to wear a helmet, and will not be allowed to participate without one.

OFF-PREMISES: Wednesdays, June 5-Aug. 21 | TBA a.m.

(See <https://ollireno.com/outdoors> for specific dates, times and locations.)

Bike Riders, Moderate — Interest Group

Facilitator: Gary Souza, OLLI member

This class is for bike riders who are interested in longer, more-challenging distances and rides around the Truckee Meadows and Lake Tahoe areas. Rides will be about 20-30 miles, mostly on paved roads. Starting times will be early to avoid the afternoon heat. Please visit the Cycling portion of the OLLI Outdoors website (<https://ollireno.com/outdoors>) for required and suggested equipment and necessary preparation. At a minimum, you are required to wear a helmet, and you will not be allowed to participate without one.

OFF-PREMISES: Wednesdays, June 12-Aug. 28 | TBA a.m.

(See <https://ollireno.com/outdoors> for specific dates, times and locations.)

Kayakers — Interest Group

Facilitator: Harvey Bennett, OLLI member

Kayakers will head for the flat waters of the Sparks Marina, Donner Lake, various Lake Tahoe areas and other nearby lakes and reservoirs, depending on water availability. Canoes are welcome. Kayakers will spend 2-4 hours on the water. Participants must provide their own kayak or canoe, paddles, PFD and other safety equipment.

OFF-PREMISES: Tuesdays, June 4-Aug. 27 | TBA a.m.

(See <https://ollireno.com/outdoors> for specific dates, times, locations and other important information.)

Science and Nature

Quantum Weirdness: A Look at Reality and Connectedness

Presenter: Roger K. Ellis, mathematician; OLLI member

Quantum theory represents one of mankind's greatest intellectual accomplishments. After exhaustive and aggressive experimental testing, it has never been proven wrong. Products developed from this theory directly impact our daily lives. Even so, questions still remain regarding what the theory is telling us about nature's behavior at the atomic level, the nature of reality and the connectedness of all things. This talk will explore nature's counter-intuitive behavior and present the three currently available interpretations.

MOANA: Wednesday, July 10 | 10-11:30 a.m.

Quantum Enigma: Physics Encounters Consciousness

Presenter: Roger K. Ellis, mathematician, OLLI member

Quantum Enigma continues to explore nature previously presented in Quantum Weirdness. Although helpful, attendance at Quantum Weirdness is not required. Recent experiments have combined the weird notions of reality and connectedness, leading to a new and deeper understanding of nature's behavior at the atomic level. These results raise questions regarding our understanding of time, the nature of cause and effect and the concept of history at the atomic level. The results strongly suggest that knowledge plays an essential role in nature. But what knowledge and whose knowledge? In an attempt to make some sense of enigma, we will discuss the 17th-century philosopher Baruch Spinoza, who anticipated the role knowledge plays in nature's behavior.

MOANA: Wednesday, July 24 | 2-3:30 p.m.

Summer 2019

At-A-Glance

June 2019

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3	Mon	8 a.m.	OFF-P	Long Distance Hikers **PRQ**	29
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4	Tue	10 a.m.	MOANA	Spanish Conversation	22
4	Tue	2 p.m.	MOANA	Inside Viet Nam	25
4	Tue	2 p.m.	MOANA	Cracker Barrel	25
5	Wed	8 a.m.	OFF-P	Bike Riders — Easy	29
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10	Mon	8 a.m.	OFF-P	Long Distance Hikers **PRQ**	29
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19	Wed	8 a.m.	OFF-P	Bike Riders — Easy	29
19	Wed	8 a.m.	OFF-P	Walkers	28
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20	Thu	10 a.m.	MOANA	Reading Great Literature	23
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20	Thu	noon	MOANA	10 Warning Signs of Alzheimer's	18
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24	Mon	1 p.m.	MOANA	Ukrainian Egg Painting **PRQ**	8
25	Tue	8 a.m.	OFF-P	Kayakers	30
25	Tue	10 a.m.	MOANA	Spanish Conversation	22
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26	Wed	8 a.m.	OFF-P	Bike Riders — Moderate	29
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27	Thu	8 a.m.	OFF-P	Hikers	28
27	Thu	2 p.m.	MOANA	Emotional Support	18
28	Fri	10 a.m.	MOANA	Espionage Book Group	24
28	Fri	noon	MOANA	French Advanced	23
28	Fri	1 p.m.	MOANA	Movies Worth Watching	7

July 2019

1	Mon	8 a.m.	OFF-P	Light Hikers	28
1	Mon	8 a.m.	OFF-P	Long Distance Hikers **PRQ**	29
1	Mon	noon	MOANA	French Conversation	22
1	Mon	1 p.m.	MOANA	Ukrainian Egg Painting **PRQ**	8
2	Tue	8 a.m.	OFF-P	Kayakers	30
2	Tue	10 a.m.	MOANA	Spanish Conversation	22
2	Tue	2 p.m.	MOANA	Cracker Barrel	25
3	Wed	8 a.m.	OFF-P	Bike Riders — Easy	29
3	Wed	8 a.m.	OFF-P	Walkers	28
3	Wed	10 a.m.	MOANA	Crocheting Fun!	7
3	Wed	noon	MOANA	Open Computer Lab	9
3	Wed	noon	MOANA	Cracker Barrel	25
3	Wed	3 p.m.	MOANA	Travelers	27
8	Mon	8 a.m.	OFF-P	Light Hikers	28
8	Mon	8 a.m.	OFF-P	Long Distance Hikers **PRQ**	29
8	Mon	10 a.m.	MOANA	Where Does Evil Come From?	24
8	Mon	noon	MOANA	French Conversation	22
8	Mon	noon	MOANA	Mystery Books	23

July 2019 (cont.)

Date	Day	Time	Loc	Course Title	Page
8	Mon	2 p.m.	MOANA	Mystery Book Group Movie	25
9	Tue	8 a.m.	OFF-P	Kayakers	30
9	Tue	10 a.m.	MOANA	Spanish Conversation	22
9	Tue	10 a.m.	MOANA	ALSOS: The Hunt for Hitler's A-Bomb	21
9	Tue	2 p.m.	MOANA	Cracker Barrel	25
10	Wed	8 a.m.	OFF-P	Bike Riders — Moderate	29
10	Wed	8 a.m.	OFF-P	Walkers	28
10	Wed	10 a.m.	MOANA	Quantum Weirdness	30
10	Wed	10 a.m.	OFF-P	Free Tour: Chalk Bluff **PRQ**	14
10	Wed	noon	MOANA	Cracker Barrel	25
11	Thu	8 a.m.	OFF-P	Hikers	28
11	Thu	1 p.m.	MOANA	Summer Opera 101	9
12	Fri	10 a.m.	MOANA	What's Your Thinking Style?	22
12	Fri	noon	MOANA	French Advanced	23
12	Fri	1 p.m.	MOANA	Movies Worth Watching	7
15	Mon	8 a.m.	OFF-P	Light Hikers	28
15	Mon	8 a.m.	OFF-P	Long Distance Hikers **PRQ**	29
15	Mon	noon	MOANA	French Conversation	22
15	Mon	1 p.m.	MOANA	Putting Economics to Use	16
16	Tue	8 a.m.	OFF-P	Kayakers	30
16	Tue	10 a.m.	MOANA	Spanish Conversation	22
16	Tue	10 a.m.	MOANA	Retired Living	18
16	Tue	2 p.m.	MOANA	Cracker Barrel	25
17	Wed	8 a.m.	OFF-P	Bike Riders — Easy	29
17	Wed	8 a.m.	OFF-P	Walkers	28
17	Wed	noon	MOANA	Cracker Barrel	25
18	Thu	8 a.m.	OFF-P	Hikers	28
18	Thu	10 a.m.	MOANA	Reading Great Literature	23
18	Thu	noon	MOANA	Alzheimer's & Dementia	19
18	Thu	1 p.m.	MOANA	Summer Opera 101	9
18	Thu	2 p.m.	MOANA	Big Questions	26
19	Fri	10 a.m.	MOANA	What's Your Thinking Style?	22
19	Fri	noon	MOANA	French Advanced	23
19	Fri	1 p.m.	MOANA	Movies Worth Watching	7
22	Mon	8 a.m.	OFF-P	Light Hikers	28

Date	Day	Time	Loc	Course Title	Page
22	Mon	8 a.m.	OFF-P	Long Distance Hikers **PRQ**	29
22	Mon	noon	MOANA	French Conversation	22
22	Mon	1 p.m.	MOANA	Putting Economics to Use	16
23	Tue	8 a.m.	OFF-P	Kayakers	30
23	Tue	10 a.m.	MOANA	Spanish Conversation	22
23	Tue	2 p.m.	MOANA	Cracker Barrel	25
24	Wed	8 a.m.	OFF-P	Bike Riders — Moderate	29
24	Wed	8 a.m.	OFF-P	Walkers	28
24	Wed	noon	MOANA	Cracker Barrel	25
24	Wed	2 p.m.	MOANA	Quantum Enigma	30
25	Thu	8 a.m.	OFF-P	Hikers	28
25	Thu	1 p.m.	MOANA	Summer Opera 101	9
26	Fri	10 a.m.	MOANA	What's Your Thinking Style?	22
26	Fri	10 a.m.	MOANA	Espionage Book Group	24
26	Fri	noon	MOANA	French Advanced	23
26	Fri	1 p.m.	MOANA	Movies Worth Watching	7
29	Mon	8 a.m.	OFF-P	Light Hikers	28
29	Mon	8 a.m.	OFF-P	Long Distance Hikers **PRQ**	29
29	Mon	noon	MOANA	French Conversation	22
29	Mon	1 p.m.	MOANA	Putting Economics to Use	16
30	Tue	8 a.m.	OFF-P	Kayakers	30
30	Tue	10 a.m.	MOANA	Spanish Conversation	22
30	Tue	2 p.m.	MOANA	Cracker Barrel	25
31	Wed	8 a.m.	OFF-P	Walkers	28
31	Wed	noon	MOANA	Cracker Barrel	25

August 2019

1	Thu	8 a.m.	OFF-P	Hikers	28
1	Thu	10 a.m.	MOANA	Reading Great Literature	23
1	Thu	10 a.m.	OFF-P	Free Tour: Kimmie Candy **PRQ**	15
1	Thu	noon	OFF-P	Free Tour: Kimmie Candy **PRQ**	15
1	Thu	1 p.m.	MOANA	Summer Opera 101	9
1	Thu	2 p.m.	MOANA	Big Questions	26
2	Fri	10 a.m.	MOANA	Military Photo Recon	21
2	Fri	noon	MOANA	French Advanced	23
2	Fri	1 p.m.	MOANA	Movies Worth Watching	7

August 2019 (cont.)

Date	Day	Time	Loc	Course Title	Page
2	Fri	1 p.m.	OFF-P	Free Tour: Virtual Reality **PRQ**	15
5	Mon	8 a.m.	OFF-P	Light Hikers	28
5	Mon	8 a.m.	OFF-P	Long Distance Hikers **PRQ**	29
5	Mon	10 a.m.	MOANA	Planning Your Own Final Services	19
5	Mon	noon	MOANA	French Conversation	22
6	Tue	8 a.m.	OFF-P	Kayakers	30
6	Tue	11 a.m.	MOANA	Joint Replacement Surgery?	19
6	Tue	2 p.m.	MOANA	Cracker Barrel	25
7	Wed	8 a.m.	OFF-P	Bike Riders — Easy	29
7	Wed	8 a.m.	OFF-P	Walkers	28
7	Wed	10 a.m.	MOANA	Crocheting Fun!	7
7	Wed	10 a.m.	OFF-P	Free Tour: Sensory Garden **PRQ**	16
7	Wed	noon	MOANA	Open Computer Lab	9
7	Wed	noon	MOANA	Cracker Barrel	25
7	Wed	2 p.m.	MOANA	Yucca Mountain	27
7	Wed	3 p.m.	MOANA	Travelers	27
8	Thu	8 a.m.	OFF-P	Hikers	28
8	Thu	10 a.m.	MOANA	Rehab of Post-Stroke Individuals	20
8	Thu	10 a.m.	OFF-P	Free Tour: Virtual Reality **PRQ**	15
9	Fri	noon	MOANA	French Advanced	23
9	Fri	1 p.m.	MOANA	Movies Worth Watching	7
12	Mon	8 a.m.	OFF-P	Light Hikers	28
12	Mon	8 a.m.	OFF-P	Long Distance Hikers **PRQ**	29
12	Mon	noon	MOANA	French Conversation	22
12	Mon	noon	MOANA	Mystery Books	23
13	Tue	8 a.m.	OFF-P	Kayakers	30
13	Tue	2 p.m.	MOANA	Cracker Barrel	25
14	Wed	8 a.m.	OFF-P	Bike Riders — Moderate	29
14	Wed	8 a.m.	OFF-P	Walkers	28
14	Wed	noon	MOANA	Cracker Barrel	25
15	Thu	8 a.m.	OFF-P	Hikers	28
15	Thu	10 a.m.	MOANA	Reading Great Literature	23
15	Thu	2 p.m.	MOANA	Big Questions	26
16	Fri	noon	MOANA	French Advanced	23
16	Fri	1 p.m.	MOANA	Movies Worth Watching	7

Date	Day	Time	Loc	Course Title	Page
19	Mon	8 a.m.	OFF-P	Light Hikers	28
19	Mon	8 a.m.	OFF-P	Long Distance Hikers **PRQ**	29
19	Mon	noon	MOANA	French Conversation	22
20	Tue	8 a.m.	OFF-P	Kayakers	30
20	Tue	10 a.m.	MOANA	Retired Living	18
20	Tue	2 p.m.	MOANA	Cracker Barrel	25
21	Wed	8 a.m.	OFF-P	Bike Riders — Easy	29
21	Wed	8 a.m.	OFF-P	Walkers	28
21	Wed	noon	MOANA	Cracker Barrel	25
22	Thu	8 a.m.	OFF-P	Hikers	28
22	Thu	10 a.m.	MOANA	Habilitation of Parkinson's Patients	20
22	Thu	noon	MOANA	Healthy Living for Your Brain	20
22	Thu	2 p.m.	MOANA	Little Orchestra, Big History	9
23	Fri	10 a.m.	MOANA	Espionage Book Group	24
23	Fri	noon	MOANA	French Advanced	23
23	Fri	1 p.m.	MOANA	Movies Worth Watching	7
26	Mon	8 a.m.	OFF-P	Light Hikers	28
26	Mon	8 a.m.	OFF-P	Long Distance Hikers **PRQ**	29
26	Mon	noon	MOANA	French Conversation	22
27	Tue	8 a.m.	OFF-P	Kayakers	30
27	Tue	9 a.m.	OFF-P	Paid Tour: Lattin Farms **PRQ**	13
27	Tue	2 p.m.	MOANA	Cracker Barrel	25
28	Wed	8 a.m.	OFF-P	Bike Riders — Moderate	29
28	Wed	8 a.m.	OFF-P	Walkers	28
28	Wed	noon	MOANA	Cracker Barrel	25
29	Thu	8 a.m.	OFF-P	Hikers	28
29	Thu	9:30 a.m.	MOANA	Enrollment Day — Fall	11
30	Fri	noon	MOANA	French Advanced	23

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3	Tue	10 a.m.	MOANA	Orientation Fall 2019	11
3	Tue	11 a.m.	MOANA	OLLI Expo	11
4	Wed	10 a.m.	MOANA	Crocheting Fun!	7

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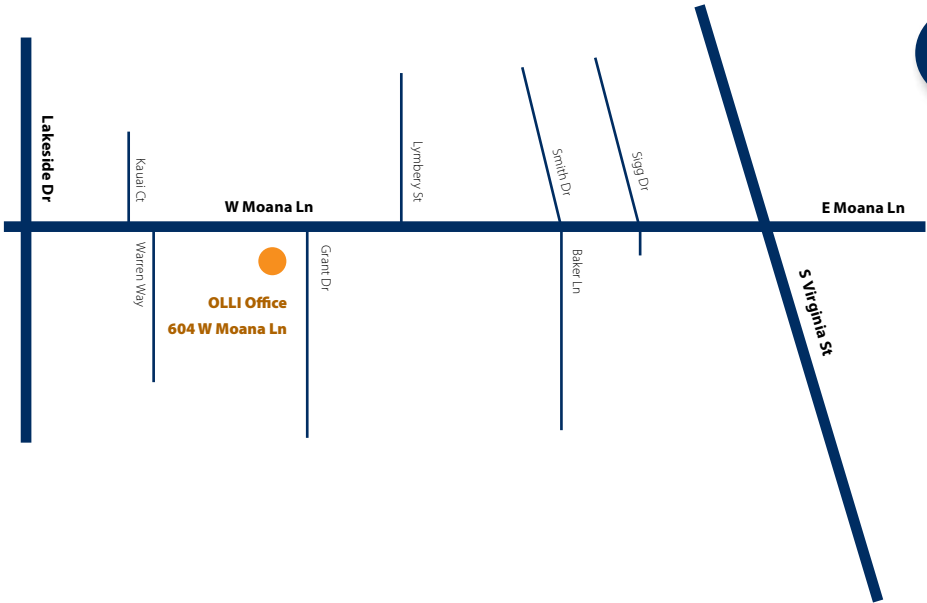
OLLI Office:

Open 9 a.m.-4 p.m.

Monday-Friday

Call (775) 784-8053

Email olli@unr.edu



OLLI Camping

Wednesday-Friday, June 5-7 Off-site

See page 10 for details.

OLLI Picnic

Wednesday, June 12 Off-site

See page 10 for details.

Fall Enrollment Day

Thursday, Aug. 29 at Moana

See page 11 for details.

Fall Orientation and OLLI Expo

Tuesday, Sept. 3 at Moana

See page 11 for details.

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